

## Swing & Rock'n Roll Dance Festival April 2018 – Workshop Schedule

Date	Venue	Time	Teachers	Workshop details	Required dance experience	\$ cost
Fri 13 April 2018	Cajam Circus Shed 3, 15 Oonoomba Road, Idalia QLD 4811	6.30 – 8.15pm	Sydney Swing Katz	1 ¼ hour Beginner Aerials (for RNR & LH dancers)	<b>Dips and lifts for dancers without previous aerial experience</b> <b>Must book with a partner, no changing of partners</b> <i>Doors open at 6.00pm to allow time to warm up, wear gym clothes and gym shoes please, bring 1x pair of flat heel dance shoes</i> 2x 40 minutes with 30 minute break in between, stretch program on offer during the break For the safety of participants no spectators	\$80 <u>per couple</u> (1x ticket <u>admits 2</u> <u>dancers</u> ), not available in any packages
		6.30 - 7.30pm	Dance On Townsville	4-step Rock'n Roll	Absolute Beginners and beyond	\$10, packages available
		7.30 - 8.30pm	Dance On Townsville	Partner dancing	Absolute Beginners and beyond	\$10, packages available
		8.30 – 9.30pm	Social dancing (all music styles); Private lessons with the Swing Katz available (contact <a href="mailto:swingdancingtsv@gmail.com">swingdancingtsv@gmail.com</a> for more info)			
Sat 14 April 2018	Cutheringa Bowling Club, 8 Harold Street, West End QLD 4810	9.30 – 10.30am	Sydney Swing Katz	Lindy Hop Code LH#1 – Rhythm, style and fundamentals	Suitable for Absolute Beginners and above	\$20, packages available
		10.30 – 11.00am	Morning Tea (provided) & Social dancing; Private lessons with the Swing Katz available (contact <a href="mailto:swingdancingtsv@gmail.com">swingdancingtsv@gmail.com</a> for more info)			
		11.00 – 12.00am	Sydney Swing Katz	Lindy Hop Code LH#2 – Frame, body and stretch	Suitable for Beyond Beginners and above; <u>Not</u> suitable for absolute beginners	\$20, packages available
		12.00 – 1.30pm	Lunch Break (Food available for purchase or bring your own); 3x Hair & Eye-Makeup Sessions on offer (see ticket info); Private lessons with the Swing Katz available (contact <a href="mailto:swingdancingtsv@gmail.com">swingdancingtsv@gmail.com</a> for more info)			
		1.30 – 2.30pm	Sydney Swing Katz	Lindy Hop Code LH#3 – 4, 6, 8, 10 and 12 count moves	Suitable for Beyond Beginners and above; <u>Not</u> suitable for absolute beginners	\$20, packages available
		2.30 – 3.00pm	Afternoon Tea (provided) & Social dancing; Private lessons with the Swing Katz available (contact <a href="mailto:swingdancingtsv@gmail.com">swingdancingtsv@gmail.com</a> for more info)			
		3.00 – 4.00pm	Sydney Swing Katz	Spinning and turning technique and moves (for RNR and LH dancers)	Suitable for Beyond Beginners and above; <u>Not</u> suitable for absolute beginners	\$20, packages available
		6.30pm – late	<b>The Prom! featuring 2 live bands, dance performances and more (see event info);</b> 4x Hair and Eye-Makeup Session on offer (see ticket info);			

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<b>Sun 15 April 2018</b>	<b>Cutheringa Bowling Club,</b> 8 Harold Street, West End QLD 4810	<b>9.30 – 10.30am</b>	<b>Sydney Swing Katz</b>	<b>Rock'n Roll Code RNR#1 - Fancy moves</b>	Suitable for Intermediate and above; <u>Not</u> suitable for absolute beginners	\$20, packages available
		<b>10.30 – 11.00am</b>	Morning Tea (provided) & Social dancing; Private lessons with the Swing Katz available (contact <a href="mailto:swingdancingtsv@gmail.com">swingdancingtsv@gmail.com</a> for more info)			
		<b>11.00 – 12.00am</b>	<b>Sydney Swing Katz</b>	<b>Rock'n Roll Code RR#2 – Footwork and styling variations for leaders and followers</b>	Suitable for Intermediate and above; <u>Not</u> suitable for absolute beginners	\$20, packages available